# **Heterogeneous treatment effects**

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# **Agenda**

- Potential outcomes
- Matching
- Causal tree
- Causal forest
- Generalized random forest
- When and how to estimate
- Using CATE's

# **Goal: Recipes**

Estimation of conditional average treatment effects

- Done using causal forests in either R or Python
- Assumes selection on observables
- Can also use instruments in instrumental forests

How to use conditional average treatment effects

# **Goal: Understanding**

Try to get an intuitive understanding of what the methods do

- As requested: No focus on maths
	- Papers are quite technical

Main contribution of each paper in the 'generalized random forest' series

- Causal tree
- Causal forest
- Generalized random forest

# **Potential outcomes**

# **The Rubin Causal Model**

Denote  $T_i$  as the treatment variable

 $T_i = 1$  corresponds to unit  $i$  being treated,  $T_i = 0$  is not treated

Define the potential outcomes

$$
Y_i=\left\{\begin{matrix}Y_i(1),&T_i=1\\Y_i(0),&T_i=0\end{matrix}\right.
$$

# **A minor problem**

The observed outcome  $Y_i$  can be written in terms of potential outcomes:

$$
Y_i=Y_i(0)+[Y_i(1)-Y_i(0)]\cdot T_i
$$

 $\tilde{Y}_i(1) - \tilde{Y}_i(0)$  is the *causal* effect of  $T_i$  on  $\tilde{Y}_i$ We never observe the same individual  $i$  in both states

• Known as the **fundamental problem of causal inference** 

# **Average treatment effect**

We need some way of estimating the state we do not observe (the **counterfactual**)

Utilize that we observe both treated and untreated individuals

Perhaps we can do a naive comparison by treatment status?

$$
\tau = E[Y_i|T_i=1] - E[Y_i|T_i=0]
$$

# **Decomposing the average treatment effect**

Utilizing that

$$
Y_i=Y_i(0)+[Y_i(1)-Y_i(0)]\cdot T_i
$$

We get the following

$$
E[Y_i|T_i=1]-E[Y_i|T_i=0]=\!E[Y_i(1)|T_i=1]-E[Y_i(0)|T_i=1]+\\E[Y_i(0)|T_i=1]-E[Y_i(0)|T_i=0]
$$

## **Possible bias**

The average  $causal$  effect of  $T_i$  on  $\overline{Y}$ 

 $E[Y_i(1)|T_i=1]-E[Y_i(0)|T_i=1]=E[Y_i(1)-Y_i(0)|T_i=1]$ 

Difference in average  $Y_i(0)$  between the two groups

$$
E[Y_i(0)|T_i=1]-E[Y_i(0)|T_i=0] \\
$$

Often referred to as **selection bias**

Likely to be different from 0 when individuals are allowed to self-select into treatment

# **Randomization fixes everything**

Random assignment implies  $T_i$  is independent of potential outcomes

$$
E[Y_i(0)|T_i=1]=E[Y_i(0)|T_i=0] \quad
$$

Intuition: non-treated individuals can be used as counterfactuals for treated

- What would have happened to individual i had they not received the treatment?
- Overcomes the fundamental problem of causal inference

# **Not always feasible**

If randomization by us is not feasible, we must rely on nature:

• Quasi-experiments: Randomization happens by "accident"

Today we will consider

• Matching

# **Matching**

# **Selection on observables**

Construct counterfactual potential treated and control units

• We match observations across treatment and control based on similarity

**Why**: Matching controls for the covariates used

• Excludes (observable) confounders

An alternative to matching is regression analysis, which is basically the same (Angrist &

### **-nearest neighbor matching**  $k-$

For a given characteristic  $x$ , find  $k$  nearest treated  $(S_1)$  and untreated  $(S_0)$  observations

We can then estimate the conditional average treatment effect (CATE) using the following estimator

$$
\tau(x)=\frac{1}{k}\sum_{i\in S_1(x)}Y_i-\frac{1}{k}\sum_{i\in S_0(x)}Y_i
$$

Nearest could defined by distance in covariates or in propensities

# **Why aggregate?**

When performing matching, it isn't necessary to aggregate up to an average treatment effect

We can instead just stop when we have estimated the CATE

• Treatment effect for given characteristics  $x$ 

$$
\tau(x)=E[Y_i(1)-Y_i(0)|X=x]
$$

# **Question**

Do any of the previously studied supervised models create 'neighborhoods'? If yes, which?

# **Causal trees**

# **Trees as matching**

Trees inherently create partitions

- We partition to reduce impurity within leafs
	- Gini, MSE, etc.

One big problem: We're matching on outcomes

• Why is this a big problem?

# **Spurious extreme values**

Spurious extreme values of  $Y_i$  are going to be matched with other spurious extreme values

What does this mean?

• Confidence intervals are no longer valid!

# **How to fix?**

We utilize sample splitting

An observation can be used for either

- Creating neighborhoods
- Estimation of within-leaf treatment effect

This is called being an *honest* tree (versus adaptive), and is proposed by Athey & Imbens (2016), Recursive partitioning for heterogeneous causal effects

Causal trees

# **Question**

What is the main drawback of honest estimation?

# **Modified splitting criterion**

Split to identify heterogeneous treatment effects

• But unbiased estimates result in higher variance

Modify criterion in anticipation of this

• Reward finding heterogeneous effects, penalize high variance

### **It works!**

### Table 1. Simulation study Design 1 Design 2 Design 3  $N^{\text{tr}} = N^{\text{est}}$ Estimator 500 1,000 500 1,000 500 1,000 No. of leaves **TOT**  $2.9$  $3.2$  $2.9$  $3.5$  $3.6$  $5.4$ F-A  $6.1$  $13.1$  $6.3$ 13.0  $6.2$ 13.0 TS-A 4.0  $5.4$  $3.4$  $5.1$  $3.4$ 6.6  $CT-A$ 4.0  $5.5$  $3.2$  $3.7$  $3.5$  $5.4$ F-H 6.0 12.9  $6.3$  $13.0$ 6.3  $13.1$ TS-H  $4.3$  $7.8$  $5.6$  $5.9$  $12.4$ 11.4  $4.2$  $7.6$  $5.6$  $6.1$  $12.5$  $CT-H$ 11.4 Infeasible MSE divided by infeasible MSE for CT-H\* TOT-H 1.554 1.938 1.089 1.069 1.081 1.042 1.790 2.085 F-H 1.427 1.983 2.709 1.502 0.971 0.963 1.183 1.145 1.178 1.338 TS-H Ratio of infeasible MSE: Adaptive to honest<sup>†</sup> **TOT-A/TOT-H** 1.021 0.754 0.717 F-A/F-H 0.491 0.985 0.993 T-A/T-H 0.935 0.841 0.918 **CT-A/CT-H** 0.929 0.851 0.785 Coverage of 90% confidence intervals - adaptive **TOT-A** 0.82 0.85 0.78 0.81 0.69 0.74 F-A 0.89 0.83 0.84 0.82 0.82 0.89 **TS-A** 0.84 0.84 0.78 0.82 0.75 0.75 **CT-A** 0.83 0.78 0.82 0.76 0.79 0.84 Coverage of 90% confidence intervals - honest TOT-H 0.90 0.90 0.90 0.89 0.89 0.90 F-H 0.90 0.90 0.90 0.90 0.90 0.90 **TS-H** 0.90 0.90  $0.91$ 0.91 0.89 0.90 **CT-H** 0.89 0.90 0.90 0.90 0.89 0.90

\*MSE<sub> $\tau$ </sub> $(\mathcal{S}^{\text{te}}, \mathcal{S}^{\text{est}}, \pi^{\text{Estimator}}(\mathcal{S}^{\text{tr}}))/\text{MSE}_{\tau}(\mathcal{S}^{\text{te}}, \mathcal{S}^{\text{est}}, \pi^{\text{CT-H}}(\mathcal{S}^{\text{tr}})).$  ${}^{t}MSE_{\tau}(S^{\text{te}}, S^{\text{est}} \cup S^{\text{tr}}, \pi^{\text{Estimator-A}}(S^{\text{est}} \cup S^{\text{tr}}))/MSE_{\tau}(S^{\text{te}}, S^{\text{est}}, \pi^{\text{Estimator-H}}(S^{\text{tr}})).$ 

Source: Athey & Imbens (2016)



How can one increase performance of trees for a fixed sample?

# **Causal forest**

# **Growing a forest**

Wager & Athey (2018), Estimation and inference of heterogeneous treatment effects using random forests, propose the causal forest, which is an ensemble of causal trees

• An ensemble of average trees often performs better than a single highly optimized tree, see Breiman (2001)

Reduces variance and creates less sharp boundaries

# **Many partitions**



Source: Athey et al. (2019)

### **An average CATE**

For each tree  $b$ , calculate the CATE of the observation as in the causal tree (eq. 5 in paper), denoted  $\hat{\tau}_{b}(x)$ 

For ensemble of  $B$  trees, CATE estimator is then

$$
\hat{\tau}(x)=B^{-1}\sum_{b=1}^B\hat{\tau}_b(x)
$$

# **Asymptotic inference!**

As long as trees are honest, we can perform asymptotic inference

Can also deliver confidence intervals for regression forests

Two ways of achieving honesty, double-sampling (as in causal tree) or propensity trees

- Double-sampling better at heterogeneous treatment functions
- Propensity trees better at unconfounding

Reconciled in generalized random forest

### Performance compared to  $k$ -NN  $\overline{k}$



Source: Wager & Athey (2018)

Coverage until  $d = 10$ , performance degrades after

Lower MSE and better coverage than  $k$ -NN

# **Generalized random forest**

# **Reframing**

Trees create neighborhoods with CATE's

Causal forest CATE was an average over these within the forest

Athey et al. (2019), Generalized random forests, reframe it as creating a weighting function usable in maximum likelihood estimation

• Trees create weights based on how often observations are in the same leaf

# **Adaptive nearest neighbor estimation**

![](_page_33_Figure_1.jpeg)

Source: Athey et al. (2019)

# **Curse of dimensionality**

Previously used weights based on similarity but had strong issues with the curse of dimensionality

Generalized random forests use data-driven heterogeneity to lessen this

• The most important dimensions are 'discovered'

If really high dimensional, consider double machine learning (next session)

# **Many different possibilities**

By rephrasing into moment conditions, multiple possibilities arise

- Selection on observables/randomization (causal forest)
- Instrumental variables (instrumental forest)
- Quantile regression (quantile forest)

Note that causal forests can refer to both causal forests in Wager & Athey (2018) and in Athey et al. (2019)

Packages available implement the generalized random forest version (econml and grf)

# **Some slight changes**

Compared to the causal forest in Wager & Athey (2018), a couple of other things are changed:

- A more efficient gradient based loss (sec. 2.2)
- Centering outcome and treatment before creating forests (sec. 6.1.1)
- Bootstrapped confidence intervals (sec. 4)
	- Supports cluster-based sampling, although there is no norm w.r.t. treatment heterogeneity and clustering yet, see e.g. discussion in Athey & Wager (2019)

## **Causal forests versus causal forests**

![](_page_37_Picture_20.jpeg)

Source: Athey et al. (2019)

### **Assumptions**

Most critical assumptions are the "regular" assumptions:

- Causal forest: Selection on observables and overlap
- Instrumental forest: Relevance and exclusion

Test these as you usually would (if possible) There are some additional technical assumptions (sec. 3)

# **When and how to estimate**

# **Heterogeneity in treatment effects**

Two approaches

- Data driven heterogeneity
	- Using non-parametric models such as causal forests
- A priori heterogeneity / theory
	- Using (semi) parametric models and interactions, e.g. OLS

# **When to choose which?**

- Use data driven heterogeneity when
	- Aim is to use CATE's for policy where you want to maximize impact
	- You have no prior or suspect non-linear heterogeneity
- Use a priori heterogeneity when
	- You have a specific theory you want to test, *i.e.* specific subgroups are adversely affected
	- Sample sizes are not powerful enough to utilize nonparametric methods

### **We go where the packages are**

# **Best of both worlds?**

Exercises will cover both R and Python

- I will write R code as text
- The grf documentation has a lot of useful tips and examples specifically for causal forests
- It is a very user friendly package

I do not expect you to learn R for this one thing, but wanted to supply some code

# **Out of bag or out of sample**

When performing causal inference, we need to retain honesty Either split the data or use out of bag predictions

- Splitting data: Fit model in one part and make inference in other part
- Out of bag: Utilize only trees in which the observation was not used to create partitions
	- Not possible for double machine learning

Under either scenario, causal inference is valid

# **Dimensionality**

Causal forests perform best for relatively low-dimensional problems

- Consider encoding categorical variables as a single ordinal variable if possible
	- **Trees make no assumptions in regards to linearity**
- Consider keeping only the most relevant variables

Consider using a double machine learning variant if you have many covariates

# **Hyperparameters**

The grf algorithm reference has some recommendations, amongst others:

- For small samples, increase the amount of data samples used for obtaining splits (honesty.fraction)
- For large samples, tune the trees to create shallower trees
- For tight CI's, increase amount of trees

grf implements an option which tunes hyperparameters called tune.parameters

# **The documentation is great**

The packages really try to make causal inference more accessible

- The documentation is really good!
	- Look at the grf [tutorials](https://grf-labs.github.io/grf/index.html), top centre
	- Look at the econml [user guide](https://econml.azurewebsites.net/spec/spec.html)

# **Some examples**

Athey and Wager have multiple examples where they implement models and describe their considerations

- Athey & Wager (2019) is an application of causal forests
	- What do they consider when implementing causal forests?
- Wager & Athey (2018) also has some examples intertwined between the math
	- Quantile, instrumental, causal forest

# **Using CATE's**

# **What to do after estimation**

Many different things to do after estimating CATE's, broadly categorized:

- Testing whether heterogeneity exists
	- Median test, RATE & TOC
- Examining and using heterogeneity
	- RATE & TOC, feature importance, explainability, policy

# **Median split test**

A simple naive test: Split data based on median CATE

- Calculate ATE within each group
- Test whether there's a significant difference

Seeevaluating a causal forest fit for an example Note: When calculating ATE's, use built-in functionality to calculate doubly-robust ATE's

- average treatment effect function in R
- ate method in Python

# **A less naive approach**

Alternatively, consider the Rank-Weighted Average Treatment Effect (RATE) introduced by Yadlowsky et al. (2021)

Procedure is as follows:

- Rank CATE's according to some rule
	- Size of CATE, a covariate or predicted risk
- For each percentile:
	- Estimate difference between ATE for people above that percentile and overall ATE

This creates the Targeting Operator Characteristic (TOC) curve

# **Targeting Operator Characteristic**

### **Targeting Operator Characteristic**

![](_page_53_Figure_2.jpeg)

(95 % confidence bars in dashed lines)

Source: grf [documentation,](https://grf-labs.github.io/grf/reference/rank_average_treatment_effect.html) 2023

# **Using the TOC**

Usage:

- Inspect the TOC curve to assess heterogeneity and select optimal cutoff
	- When does treating more people become unfeasible?
	- See also the policy learning methods
- Calculate the area under the TOC (AUTOC) and test whether it is different from zero

# **Not just testing for heterogeneity**

If AUTOC is not different from zero, there are two possible explanations:

- There are no heterogeneous treatment effects
- Prioritization rule was not efficient at prioritizing treatment

All implemented in R in rank average treatment, see [here](https://grf-labs.github.io/grf/reference/rank_average_treatment_effect.html)

# **What variables drive heterogeneity**

How does one interpret a fully non-parametric CATE estimation?

- We have assumed no structure, so we don't know:
	- What drives heterogeneity
	- Which way it drives heterogeneity

Sadly, the packages are not very consistent in what is offered

• I'll cover what's available

# **Split based methods**

A simple way to asses what drives heterogeneity is to look at splits in the trees

- How often does the model split on a feature weighted by depth
	- **Implemented in variable importances function in R**
- How often does the model split on a feature weighted by depth and amount of heterogeneity created
	- **Implemented in feature importances method in** Python

# **Question**

What do we know about bias and explainability methods that use splits to calculate feature importance?

# **SHAP values**

A neat way to explain heterogeneity is to use SHAP values!

- Same interpretation as in session 6
- Bar plots, summary plots etc.

To my knowledge only available in econml

• Models have shap values() method

### **SHAP explanation example**

![](_page_60_Figure_1.jpeg)

Source: Me (2023)

# **Predicting CATE's**

Another possibility is to predict the CATE with an intrinsically interpretable model

- Use a shallow decision tree
	- Available in econm1. interpretation as **[SingleTreeCateInterpreter](https://econml.azurewebsites.net/_autosummary/econml.cate_interpreter.SingleTreeCateInterpreter.html#econml.cate_interpreter.SingleTreeCateInterpreter)**
- Use a linear projection
	- Available in grf as [best\\_linear\\_projection](https://grf-labs.github.io/grf/reference/best_linear_projection.html)

One could easily train own models

### **CATE as a tree**

![](_page_62_Figure_1.jpeg)

Source: Me (2023)

# **Counterfactual examples**

On the basis of what one has found, or priors, one can estimate counterfactual CATE's

- Interpreted much like partial dependence plots
	- How does CATE vary with covariate  $x$
- Use fixed background covariates
	- Valid confidence intervals

# **Childbirth and labor force participation CLATE**

![](_page_64_Figure_1.jpeg)

Mother 18 years old at first birth

Mother 22 years old at first birth

Source: Athey et al. (2019)

# **Creating policies**

One can create policies based on the CATE's

- Use policytree in R, Sverdrup et al. (2020)
	- Doubly robust, see [documentation](https://grf-labs.github.io/policytree/)
- Use SingleTreePolicyInterpreter in econml.cate\_interpreter in Python
	- Not doubly robust, see [documentation](https://econml.azurewebsites.net/_autosummary/econml.cate_interpreter.SingleTreePolicyInterpreter.html)
	- econml.policy has trees and forests that are both doubly robust and not, see [documentation](https://econml.azurewebsites.net/reference.html#policy-learning)

See e.g. Athey & Wager (2021)

# **Example treatment policy**

Average policy gains over no treatment: 1044.548 Average policy gains over constant treatment policies for each treatment: [72.988]

![](_page_66_Figure_2.jpeg)

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# **To the exercises!**